Contents

List of Illustrations iv
Acknowledgments v
Introduction: Food and the Post-colonial Politics of Identity 1

Chapter 1
The Story of Two Peoples: Mexican and Yucatecan Peoplehood 33

Chapter 2
Mérida and the Contemporary Foodscape 76

Chapter 3
The Yucatecan Culinary Field and the Naturalization of Taste 114

Chapter 4
Cookbooks and the Gastronomic Field: From Minor to Major Codes (and Back) 153

Chapter 5
The Gastronomic Field: Restaurants and the Institutionalization of Yucatecan Gastronomy 201

Conclusion: Food and Identities in Post-national Times 237

Notes 246
Glossary of Recipes 278
Cookbook References 282
References 284
Index 306